

Not spending time together?



Family Fighting? Disconnected?

Could it be?
the **GUNJA** 



Gunja can cause people to forget important things for family and community.

Gunja can cause arguments over family lifestyle, health, chores and money.



Gunja isn't our culture, it harms our spirit



When it is wearing off gunja can make people angry and aggressive.

Young people are more likely to use gunja if their parents do - they might think it is 'normal' to smoke gunja. They might learn the only way to cope with stress, grief or feeling down is to smoke gunja.

Talk to your GP or health worker about the effect gunja might have on you or your family's health and wellbeing.

