

## Information & Consent form for interview participants



You are invited to participate in a study looking at **trends in alcohol use amongst young people** across Australia. This study is being run by the National Drug Research Institute which is a part of Curtin University.

The study aims to investigate alcohol use, outcomes of drinking, and some of the influences on alcohol use. This project will be used to **fill in gaps about what we know** – for example, though we have information from hospitals records, not all alcohol-related injuries require treatment in hospital. We want to try to **identify what helps protect people from harm** while they're drinking to make recommendations on how to **make things safer** for young people.

This session will involve you meeting up with a university trained interviewer to talk about your drinking. For example, we may ask you how much you usually drink, and whether or not you've experienced any alcohol-related outcomes such as a hangover.

What you say in the interview is **confidential** - so **we do not ask for your name, home address, or other information that will tell us who you are**. The results of this study will be presented in group form (such as by age and gender). You are free to use a false name if you would like to do so.

You will be reimbursed \$40 for attending this interview. You **do not have to answer any questions you do not wish to**, and you are free to leave at any time. There will be no negative consequences if you decide to leave, and you can take any of the information you have provided with you if you so wish. As part of our ethical requirements, **if you tell us that you intend to seriously harm yourself or others we have to report this** to an appropriate authority. This interview will take around 45 minutes (up to one hour).

**The information you give us will be kept securely.** All questionnaires and data are locked to unauthorised access. Your data is referred to by a participant number so it cannot be traced to you and we will also change any names you mention as a further protection. At our research centre, we have been doing drug research for over 25 years and at no time have the police attempted to gain access to information about the individuals we have interviewed.

This study has been approved by the Curtin University Human Research Ethics Committee (Approval Number HR 52/2014). The Committee is comprised of members of the public, academics, lawyers, doctors and pastoral carers. If needed, verification of approval can be obtained either by writing to the Curtin University Human Research Ethics Committee, c/- Office of Research and Development, Curtin University, GPO Box U1987, Perth, 6845 or by telephoning 9266 2784 or by emailing hrec@curtin.edu.au. For more information you can contact the researchers on (08) 9266 1600 or by emailing yaars@curtin.edu.au.

Do you have any questions?	Yes	No	Region		
Are you willing to continue?	Yes	No	Interview number		
Did you receive your reimbursement?	Yes	No	Interviewer's initials		
			Date		
				am	pm

**This information sheet is yours to keep**

## Standard drink chart

Please refer to the picture below to help you estimate how many standard drinks are in your usual beverages.

### SPIRITS

**22**  
700 ml  
Bottle of Spirits  
(e.g. vodka, bourbon)  
40% alc/vol

**1**  
30 ml nip  
40% alc/vol

**1**  
30 ml Shot  
40% alc/vol

Jägermeister 30ml = 0.8

### WINE (inc. champagne)

**41**  
4 litres  
Cask of Wine  
13% alc/vol

**8**  
750 ml  
Bottle of Wine  
13% alc/vol

**7.5**  
750 ml  
Bottle of  
Sparkling wine/  
Champagne  
12.5% alc/vol

**21**  
2 litres  
Cask of Wine  
13% alc/vol

**1**  
100 ml  
Standard  
Serve of Wine  
13% alc/vol

**1.5**  
150 ml  
Restaurant  
Serve of Wine  
13% alc/vol

**1.5**  
150 ml  
Restaurant  
Serve of  
Champagne  
12.5% alc/vol

Passion Pop 750ml = 5.6

### CIDER

**1.4**  
335 ml  
Apple cider  
(e.g. Strongbow)  
5% alc/vol

**1.6**  
500ml  
Fruit cider  
(e.g. Rekorderlig)  
4% alc/vol

**1.9**  
500 ml  
Apple cider  
(e.g. Bulmers)  
4.7% alc/vol

### PRE-MIXED SPIRITS

**1.1**  
275 ml  
Full Strength  
Pre-mix  
(e.g. Bacardi Breezer,  
Vodka Crusler)  
5% alc/vol

**1.2**  
330 ml  
Full Strength  
Pre-mix  
(e.g. Smirnoff Ice,  
Lemon Ruski, UDL)  
5% alc/vol

**1.8**  
330 ml  
High Strength  
Pre-mix  
(e.g. Crusler/Ruski/  
Smirnoff "Black")  
7% alc/vol

**1.5**  
375 ml  
Full Strength  
Pre-mix  
(e.g. Jim Beam  
& Cola)  
5% alc/vol

**1.7**  
440 ml  
Full Strength  
Pre-mix  
(e.g. Woodstock  
Bourbon & Cola)  
5% alc/vol

**2.1**  
375 ml  
High Strength  
Pre-mix  
(e.g. Jim Beam  
"Black" & Cola)  
7% alc/vol

**10**  
2 litres  
Cask of Pre-mix  
(e.g. Smirnoff Mixes)  
5.7% alc/vol

### BEER

**1.4**  
375 ml  
Full Strength  
4.8% alc/vol

**1**  
375 ml  
Mid Strength  
3.5% alc/vol

**0.8**  
375 ml  
Low Strength  
2.7% alc/vol

**1.1**  
285 ml  
(middy)  
Full Strength  
4.8% alc/vol

**2.2**  
570 ml  
(pint)  
Mid Strength  
(e.g. Carlton Mid,  
XXXX Gold)  
3.5% alc/vol

**0.8**  
285 ml  
(middy)  
Low Strength  
(e.g. Hahn Premium  
"Light")  
2.7% alc/vol

**1.6**  
570ml  
(pint)

**0.6**  
285 ml  
(middy)

**1.2**  
570 ml  
(pint)