

The National Drug Research Institute invites you to

‘Make a night, break a night’: Experiences of local Aboriginal youth around alcohol use

Free public seminar with

Mandy Wilson

National Drug Research Institute, and

Dena Gower

Moorditj Keila South Perth Aboriginal Community Group

Thursday, 19 September 2013 @ 1pm

National Drug Research Institute Seminar Room
Curtin University Health Research Campus,
Level 2, 10 Selby Street, Shenton Park, WA

This seminar presents the findings from the Healthway-funded ‘Drinking in the Suburbs’ project. Subsequently renamed ‘Make a night or break a night’ by the young participants, the project explored the experiences of Aboriginal youth with and around alcohol in the south and south-east metropolitan suburbs of Perth. The purpose of the study was to provide a comprehensive picture of this group’s experiences for services to better target future health promotion for Aboriginal youth. This study highlights the need for a youth-friendly approach to health promotion, specifically designed for, conducted by and in consultation with young Aboriginal people. Participants in this study identified what made ‘health promotion sense’ to them. Their ideas can potentially provide a guide for services wishing to target harmful alcohol use among this group and for future health promotion initiatives.

Dr Mandy Wilson is a Research Fellow in the Indigenous Research team at the National Drug Research Institute, Curtin University. An anthropologist, she taught the anthropology of gender and sexuality at the University of Western Australia before taking her full-time research position. She works on a variety of projects that reflect her interests in Indigenous health, including current projects exploring justice and substance use issues with a particular focus on young people and women.

Dena Gower is a Noongar woman from Narrogin, WA, who moved to Perth 24 years ago. A qualified Aboriginal health professional with a degree in Aboriginal community development and management, she has a background in sexual health and a long history of working with youth. A mother of eight and grandmother of eighteen, Dena was a researcher on the ‘Make a night, break a night’ project.

RSVP to (08) 9266 1600 or ndri@curtin.edu.au by Wednesday September 18, 2013